



***Innovative Approaches to Compassionate Healthcare
Catholic Medical Association Cleveland Guild
February 28, 2026
North Royalton, Ohio***



Accreditation This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education ([ACCME](#)) through the joint providership of the Christian Medical & Dental Associations (CMDA) and Catholic Medical Association Cleveland Guild. Christian Medical & Dental Associations is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Physician Credit The Christian Medical & Dental Associations designates this educational activity for a maximum of 5.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit(s)*[™] by an organization accredited by the ACCME or a recognized state medical society. **Physician assistants may receive up to 5.25 credits for completing this activity.**

Nurse Practitioner

The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts *AMA PRA Category 1 Credit*[™] from organizations accredited by the ACCME. Individuals are responsible for checking with the AANPCP for further guidelines. **Nurse practitioners may receive up to 5.25 credits for completing this activity.**

Nursing

This nursing continuing professional development activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Criteria for Successful Completion: Contact Hours awarded commensurate with participation and submission of completed participant evaluation form. Activity ID #203355406 has been approved for 5.25 contact hours.

EDUCATIONAL or LEARNING OBJECTIVES:

- Discuss the particular significance that the sacraments of Reconciliation, the Eucharist, and Anointing of the Sick hold in the processes of healing and end-of-life care.
- Identify the unique spiritual support and nourishment that each sacrament offers during times of distress for patients.
- Describe the role of healthcare professionals in providing spiritual care for patients.
- Identify the negative emotions of despair, hopelessness and bitterness; and how they can impede a patient's healing process.
- Discuss the impact of negative emotions on both mental and physical health.
- Identify ways in which healthcare professionals can support patients in their healing journeys with resilience to transforming their suffering and pain into a source of strength, spiritual renewal and optimism of the future.
- Identify fundamental elements of cardiac electrophysiology, including normal sinus rhythm.
- Recognize some of the basic pathophysiology of cardiac arrhythmias, such as macro-micro reentry loops.
- Appreciate the core concepts of Internal Family Systems.
- Demonstrate how dysregulated internal psychodynamics can parallel cardiac arrhythmias.
- Illustrate how the core or inner self can help lead to inner restoration and thus allow a person to exercise compassion.
- Provide an update on HIV prevention and treatment.
- Discuss why continued clinical research is essential to ending the HIV epidemic.
- Discuss how support for our patients has changed from the early days of the epidemic when life expectancy was very limited to today when our patients face the challenges of co-morbidities of aging while living with HIV as well as access to prevention and treatment options.
- Recognize ways in which PLWH are stigmatized and judged and may feel uncomfortable in our healthcare facilities and what we can do.
- Examine the issues associated with delivering care to persons living with HIV (PLWH) particularly in middle- and low-income countries.
- Identify the 7 corporal works of mercy.
- Discuss the impact of serious mental illness on homelessness, incarceration, and early mortality.

- Examine the historic role of the Catholic Church in the care of people with serious mental illness through the story of Fr. Jofre.
- Recognize important evidence-based interventions in the care of people with serious mental illness, such as assertive community treatment teams and the Clubhouse model.
- Review important principles when diagnosing and staging cancer.
- Discuss allogeneic hematopoietic cell transplantation as a therapeutic approach to treat leukemia.
- Describe the roles of compassionate care with active listening, empathy and spirituality when treating cancer patients.
- Describe and contrast Catholic and secular concepts of patient dignity and intrinsic value.
- Examine the role of Mercy & Compassion for the virtuous healthcare professional in patient encounters.
- Discuss relevant Church documents and Papal teaching on Catholic Bioethics and Healthcare.
- Illustrate case studies regarding the application of compassion and mercy in clinical and research settings.
- Describe the impact of emerging technologies and medical innovation on compassion and mercy in patient care.

AGENDA

TIME	TOPIC TITLE	FACULTY NAME	NUMBER OF CREDITS
9:15 – 10 AM	Arrhythmias of the Heart: a Parts Work Approach to Restoring Normal Rhythm	Jesse Felts, MD	0.75 hrs
10:00 - 10:45 AM	Reflections on Serious Mental Illness and the Corporal Works of Mercy	Margaret Musso, MD, MA	0.75 hrs
11:00 – 11:45 AM	The Role of Sacraments in Healing and End-of-Life Care: Reconciliation, Eucharist, and Anointing of the Sick	Rev. Kazimierz Chwalek, MIC, B.A., S.T.B.	0.75 hrs
12:45 – 1:30 PM	Despair vs Hope and Confidence: Emotions that Impede or Enhance the Healing Process and Patient Well-Being	Rev. Kazimierz Chwalek, MIC, B.A., S.T.B.	0.75 hrs
1:30 – 2:15 PM	Catholic Bioethics: The Role of Compassion & Mercy in Patient Care	Andrew Trew, LLB; Dip. Law	0.75 hrs
2:30 – 3:15 PM	Until There's a Cure: Providing Clinical Care, Ongoing Clinical Research, and Essential Psychosocial and Spiritual Support for Persons Across the Globe Living with HIV	Jan Kosmyrna, MIS, B.Ed, RN	0.75 hrs
3:15 – 4 PM	Restoration of Health in Oncology	Ronald M. Sobecks, MD	0.75 hrs
TOTAL			5.25

Disclosures

Disclosures for all those in control of the content of this activity. The names of the ineligible companies (within the last 24 months) and the nature of the financial relationship(s). There is no minimum financial threshold. Disclosure of all financial relationships with ineligible companies regardless of the potential relevance of each relationship to the education.

Activity Planners, Faculty and CMDA CE Review Committee

No relevant financial relationships were identified for any individuals with the ability to control the content of this activity.

ALL RELEVANT FINANCIAL RELATIONSHIPS WERE MITIGATED.

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